

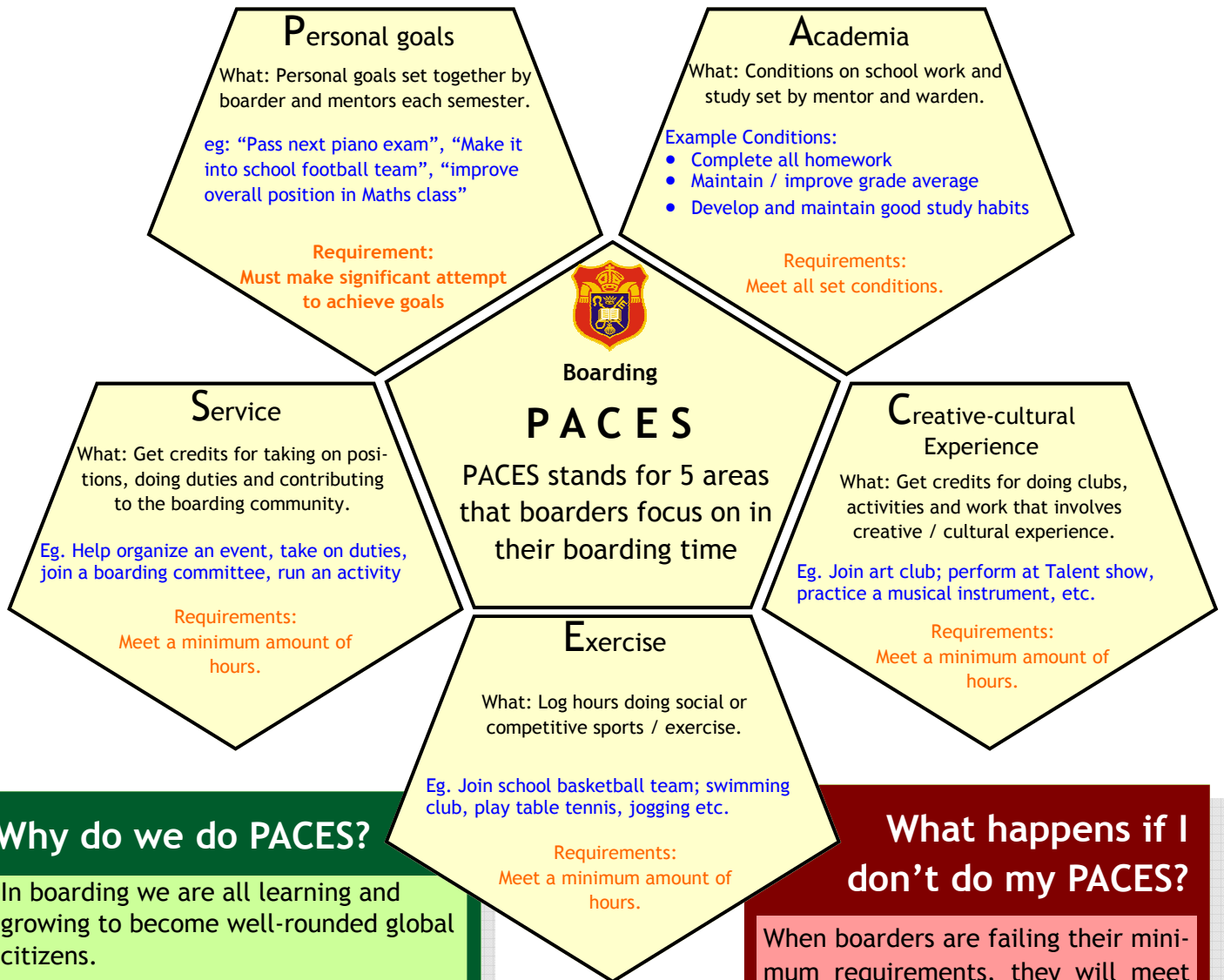


Introducing PACES

What is PACES?

PACES is a set of targets and minimum requirements that boarders aim to meet. It aims to get boarders active in a well-rounded, diverse manner and achieve their full potential. All boarders are required to fulfil all minimum requirements. When boarders do more than the minimum, their efforts are recognised and they are rewarded.

What does PACES stand for? What is each element?



Why do we do PACES?

In boarding we are all learning and growing to become well-rounded global citizens.

PACES:

- helps us learn and grow in a well-rounded manner
- is a guide for what we should be doing during boarding
- keeps track of what we do and our improvements
- motivates us to do our personal best and get the most out of boarding

PACES targets are generally set for a fortnight, month or other similar period.

Boarders are told their minimum targets during boarding time.

What happens if I don't do my PACES?

When boarders are failing their minimum requirements, they will meet their mentor or a member of the boarding staff to work out a plan to achieve the goals.

Continual under-performers might be put before the resolution committee or warden for further action and, in the worst case, being asked to leave the boarding community.

When do I do PACES?

PACES can be done at any time while boarding. Of course there are times when it is important to focus on one area of PACES, such as during homework time. During Productive Activity Time (afterschool and evenings) boarders can choose what to do with their time. This is probably when most PACES work is done, and boarders are encouraged to join sports, clubs and activities, or use quiet study and music practice rooms.



How is PACES work tracked?

Each boarder will have their own Boarding Calendar, in which they are responsible for keeping track of what they have done. Each boarder is part of a mentor group and their mentor helps them plan and track their PACES. In addition to this, mentors and boarding staff will also keep track of each boarder's progress.



Day	Homework / To Do	PACES Log		Check
		Time	Activity	
Monday	Maths: p. 24 EX 3-6 English: Poem (by Fri.) Sci: Lab report Qs 1-3	4:00 6:45	chess club (4:15-5:00) volleyball (6:15-7:00)	

Example of what a boarder might do at DBS:

Monday	Tuesday	Wednesday	Thursday
<i>Day school from 8:05am–3:35pm</i>			
3:45 - Chess Club (C)	3:45 - Computer room (C)	3:45 - Swimming (E)	3:45 - Orienteering Club (E)
5:00 - Return to room	4:45 - Table tennis (E)	4:45 - Shower	5:15 - Shower
5:30 - Prep (A)	5:30 - Prep (A)	5:30 - Prep (A)	5:30 - Prep (A)
6:30 - Evensong	6:30 - Evensong	6:30 - Evensong	6:30 - Evensong
7:00 - Dinner	7:00 - Dinner	7:00 - Dinner (A)	7:00 - Birthday party BBQ
7:45 - Prep (A)	7:45 - Prep (A)	7:45 - Prep	7:45 - Prep (A)
8:45 - Social Volleyball (E)	8:45 - Common Room	8:45 - Music practice (C)	8:45 - Table tennis (E)
9:30 - Common room	9:15 - Shop duty (S)	9:45 - Common room	9:30 - Music practice (C)
10:00 - Shower	9:45 - Shower / room	10:00 - shower	10:00 - Room duty (S)
10:15 - inspection / bed	10:15 - inspection / bed	10:15 - inspection / bed	10:15 - inspection / bed